

Monday
Tuesday
Wednesday
Thursday
Friday

6
Chicken patty
sandwich with
lettuce & tomato
Chef salad
Buttered green beans
Cinnamon applesauce

7
Homemade mac & cheese
w/WG roll
Tuna salad sandwich
Buttered broccoli
Fruit cocktail

8
Chicken fajita w/lettuce
and cheese
Egg salad sandwich
Spanish rice
Buttered corn
Chilled pears

9
Turkey in gravy
w/dinner roll & stuffing
Ham sandwich
Buttered green beans
Mashed potatoes
Chilled peaches

BREAKFAST FOR LUNCH

10
Sausage egg burrito
Sausage link
Assorted sandwiches
Tater tots
Buttered carrots
Cinnamon applesauce

13
Hot dog or chili dog on WG roll
Buttered green beans
French fries
Chilled pears
Trail mix

14
Tacos w/lettuce &
cheese
Tuna salad sandwich
Brown rice
Buttered corn
Chilled peaches

15
Ziti mac w/homemade sauce
Garlic breadstick
Egg salad sandwich
Chef salad
Chilled pears

16
Cheeseburger or
Hamburger w/lettuce & tomato
Ham sandwich
Oven baked beans
Chef salad
Chilled fruit cocktail
Trail mix

17
Stuffed crust pizza
Assorted sandwiches
Chef salad
Buttered green beans
Applesauce

20
Mid-winter break

21
Mid-winter break

22
Mid-winter break

23
Mid-winter break

24
Mid-winter break

27
Breaded pork chop patty
w/WG roll
Mashed potatoes
Buttered carrots
Cinnamon applesauce
Trail mix

28
Meat & cheese burrito
Tuna salad sandwich
Brown rice
Buttered corn
Chilled peaches

Available every day in the cafeteria: Peanut butter & jelly sandwich, build your own salad bar, fresh fruit choices.
7th & 8th graders must take the minimum portion of ½ cup of fruits and veggies but may take a full ¾ cup portion!
9-12th graders must also take ½ cup minimum but may take a full 1 cup portion of fruits & veggies